

Recommended Medications for Children Travelling Overseas

Malaria

- Discuss with Doctor for recommendations _



Bacterial/Parasitic Infection

- | | | |
|--------------------------|--|--------------------------------------|
| <input type="checkbox"/> | Oral Rehydration solution (Gastrolyte) | -dehydration |
| <input type="checkbox"/> | Flagyl Suspension _ | -parasitic infection |
| <input type="checkbox"/> | Bactrim Suspension _ | -diarrhoea |
| <input type="checkbox"/> | Rulide D Dispersible _ | -respiratory/wound infections |
| <input type="checkbox"/> | Topical Antibiotic (Bactroban) _ | -impetigo/abrasions/skin infections |
| <input type="checkbox"/> | Antibiotic eye/ear drops _ | -bacterial infections/conjunctivitis |
| <input type="checkbox"/> | Aquaear | -swimmer's ear |

Antihistamine/Anti-itch

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | Phenergan Elixir _ | -allergic reaction, motion sickness, sedation |
| <input type="checkbox"/> | Stingose Topical | -insect bites and stings, rashes etc |
| <input type="checkbox"/> | Topical corticosteroid _ | -eczema/dermatitis/severe sunburn |

Pain Relief

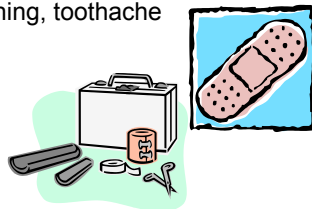
- | | | |
|--------------------------|------------------------|---|
| <input type="checkbox"/> | Paracetamol Suspension | -fever, discomfort |
| <input type="checkbox"/> | Painstop | -severe pain/ear infections |
| <input type="checkbox"/> | Dimetapp/ Paedamin | -cough/cold suspension/decongestant prior to flying |
| <input type="checkbox"/> | Soov Cream | -superficial burns/pain relief |

Antifungal

- | | | |
|--------------------------|------------------------|--------------------|
| <input type="checkbox"/> | Canesten Cream Topical | -fungal infections |
|--------------------------|------------------------|--------------------|

Other

- | | | |
|--------------------------|------------------------------------|--|
| <input type="checkbox"/> | Insect Repellent | -check DEET % is suitable for child |
| <input type="checkbox"/> | Sunscreen | -good sun protection factor |
| <input type="checkbox"/> | Barrier Cream (Sorbolene) | -ideal for nappy rash/dry skin |
| <input type="checkbox"/> | Antiseptic swabs/Solution/Ointment | -cleaning cuts, grazes |
| <input type="checkbox"/> | Iodine Tablets | -emergency water purification |
| <input type="checkbox"/> | Multi Vitamins | -iron, calcium etc |
| <input type="checkbox"/> | Fluoride tablets | -for teeth, if overseas for 6 months or more |
| <input type="checkbox"/> | Calamine lotion | -relief if itchy skin and sunburn |
| <input type="checkbox"/> | Soothing gel | -teething, toothache |
| <input type="checkbox"/> | Thermometer | |
| <input type="checkbox"/> | Scissors | |
| <input type="checkbox"/> | Splinter Probe | |
| <input type="checkbox"/> | Bandaids | |
| <input type="checkbox"/> | Dressings/bandages | |
| <input type="checkbox"/> | Lollies for flights | |
| <input type="checkbox"/> | Tweezers | |
| <input type="checkbox"/> | Antiseptic handwash/gel or wipes | |
| <input type="checkbox"/> | First aid book | |



_ Denotes prescription medication this must be prescribed by a Doctor.